2026 RULES AND REGULATIONS

1. Material used should be based on the NDCA syllabus. Even though Member Organizations of the NDCA have their own syllabi, The NDCA list of allowable figures, elements, and restrictions was developed to ensure a fair and even playing field for anyone entering closed syllabus competitions. No continuity style in Bronze.

2A. LEVEL OF DANCE Single dances - Pro/Am or Amateur Couples in **American style** - you may dance each dance a Maximum of 4 times. Any combination of three levels and 2 ages in consecutive order BUT you can ONLY dance. Ex: Waltz - 4 times, Cha Cha - 4 times

Example: Pre-Bronze, Intermediate Bronze and Closed Bronze in age A2 & Closed Bronze in age A1 OR Intermediate Bronze & Closed Bronze in ages A1 & A2

Closed Pre-Bronze	Closed Pre- Silver	Closed Int. Gold	Open Gold
Closed Int. Bronze	Closed Int. Silver	Closed Gold	Advance
Closed Bronze	Closed Silver		

2B. LEVEL OF DANCE - Pro/Am in **American style** Single dances: Open Intermediate Bronze, Open Bronze, Open Intermediate Silver and Open Silver you may dance up to **two levels and one age**. The levels must be in consecutive order, you cannot skip a level.
THESE WILL BE TUESDAY AND WEDNESDAY WITH THE CLOSED LEVELS.

2C. LEVEL OF DANCE Single dances - Pro/Am or Amateur Couples in **International style** - you may dance each dance a Maximum of 3 times. Any combination of 2 levels and 2 ages BUT you can ONLY dance. Ex: Waltz - 3 times, Cha Cha - 3 times

Example: Pre Bronze & Bronze in age A2 & Pre Bronze in age A1

3. Pro/Am & Student/Student single dance Age Divisions -:

TB	up to 6	A1	16-35
PT1	7- 9	A2	36-50
PT2	10-11	B1	51-60
JR1	12-13	B2	61-70
JR2	14-15	C1	71-80
YA	16-18	C2	81-over

You can only enter in **ONE** age in these division:

- World Pro/Am Dancesport Series Pre-teen 4 Dance 11 and under
- World Pro/Am Dancesport Series Teen 4 Dance 12-15
- World Pro/Am Dancesport Series Young Adult 4 Dance 16-18

*If you are ages 16-18 you can do Young adult **OR** age A in the multi-dances, you cannot do both.

- World Pro/Am Dancesport Series Bronze or Silver, Smooth or Rhythm
  A-16-35, B-36-50, C-51 and up OR Senior 61 and up
- Pro/Am OPEN Bronze or Silver, Smooth or Rhythm
  A-16-35, B-36-50, C-51 and up OR Senior 61 and up
- International Pro/Am Bronze or Silver 3 Dance-A-16-35, B-36-50, C-51 and up OR Senior 61 and up
- International Pro/Am Gold 4 Dance-A-16-35, B-36-50, C-51 and up OR Senior 61 and up
- Gentlemen Smooth, Rhythm & Latin Championship A-16-35, B-36-50, C-51, S1 or S2
- World Pro/Am Dancesport Series Open A-16-35, B-36-50, C-51 and up

RULES & REGULATIONS – continued

4. ***You can only enter in a maximum of 1 scholarships in each style of these scholarships.*** For EACH and EVERY scholarship entered - you must dance a minimum of 5(4 for smooth) single dances in the same style to qualify for each of these events. In Closed levels you may not enter in the same level and age that you have won in a previous Ohio Star Ball.
4A. World Pro/Am Dancesport Series Closed Bronze, Closed Silver, Closed Gold and Open Scholarships -You cannot dance a lower level in the scholarship then what you are dancing in the single dances. Open scholarship events are DanceSport Series open to all levels and are unisex.
4B. World Pro/Am Dancesport Series Senior 1- 4; you can enter in these if you are within the age requirements for that division. Age eligibility regulations are based on the status of the amateur only.

5. Gentlemen Smooth, Rhythm & Latin Championships: you can only enter one age.
5A. Ballroom is the only style you can enter 2 levels. Gentlemen Ballroom Championships: you can only enter one age but you can enter two consecutive levels.

6. Pro/Am American Rising Star is open to students who have not placed in the final from a semi-final or more of the Open World DanceSport Series Scholarships A, B or C at any previous Ohio Star Ball or won this division any previous year. Only the first 28 entries in each division and age will be accepted due to time restraints.

7. Pro/Am International Closed Bronze, Silver and Gold - Dance are in age A, B, C or Senior. You may only dance in one age and one level per style. Only the first 28 entries in each division and age will be accepted due to time restraints.

8. In the World Dancesport Series Pro/Am 9 and 10, you must have the same teacher for all dances. Ex: You cannot do smooth with one teacher and rhythm with another. This event is open to all levels. You must be 16 or over and need to dance 9/10 single dances in adult age to qualify for the event. You may do only one 9/10 dance event.

9. PRO/AM DANCESPORT SERIES CABARET is not a showdance category. You must have a minimum of 5 lifts in your routine.

11. JUNIOR INTERNATIONAL COUPLES: This pertains to competitors who will be competing Friday and Saturday in Battelle Hall. Couples must follow the N.D.C.A.rules for costumes. All multi-dance events are open competitions. The “under 21” pertains to ages 16-20. You can only enter in ONE age division. Exception is; Young Adult can dance 16-18(YA) and under 21 **OR** under 21 and Open Latin and Ballroom. And also JR1 or JR2 can also do GRAND SLAM for ages 12-15.

12. AMERICAN STYLE DRESS CODE Pro/Am and INTERNATIONAL STYLE DRESS CODE Pro/Am - costumes are permitted at any level.

13. In any category with fewer than three entries the organizer reserves the right to eliminate the age and sex divisions and merge competitors into one open division.

RULES & REGULATIONS - continued

15. Formations: maximum time limited to three (3) minutes for a single dance and four (4) minutes for a medley. Timing of routine shall begin and end with the accompaniment. Teams must consist of at least four (4) couples. Music must be in MP3 or WAV format. Please email to OSBSOLOS@gmail.com

16. Maximum of TWO Solo Exhibitions per student will be accepted.

17. Pro/Am Solo Exhibition cannot exceed three (3) minutes. Music will be faded out after three (3) minutes. Music must be in MP3 or WAV format. Please email to OSBSOLOS@gmail.com

18. Two teachers dancing with one student are entered as a Solo exhibition Showcase.

19. Two amateurs dancing together can have two entries on Solo Exhibition plus the two in Pro/Am.

20. Drops are permitted in levels Gold and Advanced Pro/Am free style only. Drops are permitted in all levels of Solo Exhibitions.

21. Lifts are permitted in Pro/Am Theater Arts category and Pro/Am or Amateur Advance level Hustle only.

22. PROFESSIONAL CABARET DANCE CHAMPIONSHIP -

Due to time limits only six solos will be accepted. First come, first serve.

Couples will be judged performing a solo routine of their own choice, not to exceed four minutes duration, including walk-on and walk-off music. Therefore, all competitors entering this event must come prepared with their own special music.

23. INTERNATIONAL STYLE NOVICE 2 DANCE AMATEUR EVENTS

Ballroom Bronze, Silver, Gold - Waltz & Quick Step OR Foxtrot & Tango
Latin Bronze, Silver - Rumba & Cha Cha OR Samba & Jive,
Latin Gold - Samba & Jive OR Rumba, Cha Cha & PasoDoble

* Bronze - Restricted to Bronze Syllabus
* Silver - Restricted to Bronze & Silver Syllabus
* Gold - Restricted to Bronze, Silver & Gold Syllabus

Each couple will be allowed two consecutive levels in Ballroom and Latin as follows:

* Novice-Bronze and Silver, or
* Novice-Silver and Gold

Dress Code: costumes are permitted at any level.

24. There will be no substituting of a student with another student during the event.

25. Cancellation/Refund Policy:

Cancellation must be in writing and made prior to October 30, 2026 to receive a refund 30 days after the event. Cancellation made after October 30, 2026 will NOT receive a refund.

Canceled entries taken at the event cannot be substituted by another entry and no refund will be made on such a cancellation.

There are no refunds or exchanges on general admission tickets.

RULES & REGULATIONS - continued

26. A panel of invigilators will be used for all restricted categories. These categories will be strictly supervised and competitors committing infraction will be disqualified.

27. Pre-Championship 3 Dance is open to Amateur dancers who have not placed in the top three of ANY recognized Championship where a semi-final was danced.

28. Adult Amateur Couples - Enter in the age of the youngest partner. You can enter in 1 age.

30. Professional Rising Star is open to Professionals who have not placed in the final round of the U.S. National Championships closed or open divisions. Any couple that has won this competition previously at this event is not eligible.

31. No responsibility for loss or theft of articles left in changing rooms, ballroom, or hotel rooms can be accepted by the organizer or the N.D.C.A., neither can they be held liable for injury sustained by persons attending the OHIO STAR BALL. Everyone does so at his or her own risk.

32. All persons attending this event, whether as spectators or as Officials or as Competitors or guests of the Organizer, shall be bound by N.D.C.A. rules and by participating in the OHIO STAR BALL automatically become obliged to adhere to them.

33. Everyone competing in any capacity must be currently registered with the N.D.C.A. and supply the Organizers with an official registration number that is current on our entry forms.
Registration can be completed on their website www.ndca.org or:
NDCA , P. O. Box 22024, Provo, Utah 84602, (801) 422-8124

34. PROFESSIONAL SHOW DANCE RULES
INTERNATIONAL BALLROOM AND LATIN, AMERICAN RHYTHM AND SMOOTH

A - Order of dancing - Every couple in final will dance a solo performance of one to five rhythms of the respective section, International Ballroom or Latin.
B - Time limit - The time limit for music will be a maximum of two minutes. The two minutes starts at the beginning of the song and must end at the two minute mark (NO EXCEPTIONS). Couples will have an additional 20 seconds to take a bow (with tag music) and exit the floor. Couples must be off the floor by 20 seconds. **Note!** Couples may not use the additional 20 seconds to add on to their solo. Your Solo must have a clear ending at 2 minutes or less. If you choose to do a shorter Solo, this does not extend your bow and walk off!
C - Lifts - Two lifts are permitted during the solo performance. Each lift must not exceed fifteen seconds.
D - Props and dresses - No props shall be permitted during entrance, performance and exit. “Props” shall include such items of furniture and items that are not a part of your costume. Fans, capes and hats are permissible if not discarded. Choice of dress for the man and lady must be chosen to suit and complement the theme of the solo performance in either Ballroom or Latin style. Taking off clothes and discarding them during the performance is not permissible. Music must be in MP3 or WAV format. Please put your name on the outside of stick.

COMPETITORS CONDUCT

1. While on the competition premises, competitors shall conduct themselves in a civil sportsmanlike manner at all times.

2. It is the competitor's responsibility to be in attendance in advance of the advertised time scheduled for the events he is entering.

3. Competitors entering an OHIO STAR BALL event shall accept as final the individual markings of the Judges and no appeal against them may be made, except when it can be shown that the actual markings have been incorrectly interpreted.

4. No competitor shall harass or question a judge about his/her personal reasons for marking.

5. Any competitor who removes any of the master scrutineer sheets without the permission of the Organizer shall render himself liable to disciplinary action.

6. The Organizer of the OHIO STAR BALL reserves the right to reject the application of any competitor who has violated any of the above rules of conduct in any recognized N.D.C.A. event.